



EFFINGHAM SECONDARY SCHOOL



SECOND TERM – ACTIVITIES - 2022

LIFE ORIENTATION –GRADE 10

Activity One:

South Africa is in lockdown, due to the COVID 19 pandemic. Your family are trying to keep to the rules and regulations, as strictly as possible. Unfortunately, not everyone in your community is taking this seriously. You have friends knocking on your door every day, wanting to hang out with you in your house. You are adamant not to violate the rules of lockdown and put yourself or your family in danger. You do not want to contract the virus and will do everything in your power to protect your family as well.

- 1.1 What is the problem
- 1.2 Consider your friends' feelings. Briefly explain how you would handle the situation with your friends
- 1.3 Think of all the possible ways to address the problem.
- 1.4 Think of pros and cons of how you will handle the situation.
- 1.5 Decide what and how you are going to tell your friends.

Activity Two:

Read the extract below and answer the following questions

Time Management and Study skills

Most learners start each new term with high expectations. They envision themselves being successful in their studies and school work but they fail to put together a realistic plan or establish a routine that will enable them to achieve academic success. There are only so many hours in a day, days in a week, and weeks in a term. And if you don't pay attention, the end of the term will arrive before you know it, catching you by surprise.

Adapted from www.educationcorner.com, Accessed on 12 May 2020

2. Define the following concepts

- 2.1 Study skills
 - 2.2 Study methods
 - 2.3 Annual study plan
- 2.2 List FOUR ways how you could increase your concentration and focus on your studies.
- 2.3 Discuss TWO negative effects of the Covid-19 lockdown on teaching and learning.

The question below must be written in paragraph form.

2.4 Suggest TWO good study habits that learners should develop to cope with the education disruptions caused by the Covid-19 outbreak.

Activity Three:

Define the following concepts.

- 3.1 Social Justice.
- 3.2 Environmental Justice.
- 3.3 Poverty.
- 3.4 Food Security.
- 3.5 Social Issues.
- 3.6 Environmental Issues.
- 3.7 Economy
- 3.8 Desertification.
- 3.9 Solar
- 3.10 Global

Activity Four:

Read the statement below and answer the following questions

“There are many issues that have a negative effect on local and global communities. South Africa is a water – scarce country where resources are limited.”

- 4.1 Suggest 6 ways to save water.
- 4.2 Critically discuss the social consequences / effects on people due to unequal access to water. Write 3 paragraphs.
- 4.3 Social issues impact negatively on people and communities locally and globally. Discuss.
- 4.4 Discuss 5 social issues and explain how these issues impact on your community.
- 4.5 Suggest 5 ways to avoid being a victim of those social issues.

Activity Five

Read the article below and answer the following questions

Five years from now, over one- third of skills (35%) that are considered important in today's workforce will have changed. By 2020, the Fourth Industrial Revolution will have brought us advanced robotics and self - driving transport, artificial intelligence and machine learning, advanced materials, biotechnology and genomics. These developments will transform the way we live, and the way we work. Some jobs will disappear, others will grow and jobs that don't even exist today will become commonplace. What is certain is that the future workforce will need to align its skillset to keep pace. [Adapt ed from <https://www.weforum.org/agenda/2016/01/the - 10 -skills - you -need -to -thrive -in-the -fourth -industrial -revolution/>. Accessed on 11 April 2019.]

- 5.1. Name TWO ways you can increase your concentration skills.
- 5.2. State THREE characteristics of creative thinkers.
- 5.3. Evaluate TWO ways that critical thinking will be a necessary skill in the workplace.
- 5.4. Advise your friend on THREE ways how to read and understand difficult reading material.

Activity Six:

Define the following concepts.

- 6.1 Social responsibility.
- 6.2 Civic Life
- 6.3 Constructive
- 6.4 Critical
- 6.5 Volunteerism
- 6.6 Infrastructural development.
- 6.7 Lobbying
- 6.8 Worthy course
- 6.9 Charities
- 6.10 Projects

Activity Seven

Knowing your own interests, abilities, talents and strengths is the first step in choosing a career

- 7. Explain the different personality types in a work place
 - 7.1 Realistic
 - 7.2 Investigative
 - 7.3 Social
 - 7.4 Artistic
 - 7.5 Enterprising
 - 7.6 Conventional

Activity Eight

Match the terms in column A with the statements in column B. write the question number and the correct alphabet next to it.

Column A	Column B
8.1 Promotion	A. This means that you can upgrade your skills and qualifications, without leaving your job
8.2 Salary package	B. Job redesign is the process of rearranging tasks and responsibilities to better align roles with the changing environment inside and outside the organization. Work is no longer simply about task execution
8.3 Changing nature of jobs	C. This refer to the ability to search for, locate, extract, organise, evaluate and use information that is relevant to a topic, for example if you research careers, it means you investigate, search for information and explore the various career choices and what they offer.
8.4 New jobs	Is a location where someone works for his or her employer, a place of employment. Such a place can range from a home office to a large office building or factory
8.5 Redefinition of jobs	F. Means to get a salary and/or rank upgrade or raise
8.6 Research skills	H. Technological progress—automation, and other emerging technologies change the nature of work and employment. Technology changing the skills that employers seek. Workers need to be better at complex problem-solving, teamwork and adaptability
8.7 Workplace	I. Is the total pay that an employer is willing to pay an employee
8.8 Study prospects	J. Jobs that don't exist yet to meet new or growing needs due to the adoption of new technologies and structural changes in the labour market.

Activity Nine:

Read the extract below and answer the following questions

Let us play

Life Orientation is one of the fundamental subjects to meet the requirements of the National Curriculum Statements. All learners are expected to participate in physical education during a fixed period for one hour in a week.

9.1 List THREE strategies that enhance self – esteem.

9.2. Define the following concept:

9.2.1 Self-awareness

9.3 Identify TWO ways in which self-awareness improves performance in school.

9.4. Advise Rubie with THREE strategies of addressing his challenge instead of dropping out of school.

Activity Ten

Read the extract below and assess (in the form of an essay) how your socio-economic factors can influence your study choices:

There are a number of socio- economic factors that influence study and career choices. Currently there are large numbers of people who are unemployed in South Africa. There are also many people who are working, But are unhappy with their jobs or chosen career path.

10.1 Define the concept / term socio-economic factor

10.2 Identify and discuss FOUR socio-economic factors in study and career choices.

10.3 Suggest THREE strategies to assist learners in dealing with such factors.

10.4 Unemployment is a major concern. Suggest how the Department of Education can help avoid the increase of future unemployment in our country