

**HYGIENE
INFECTIOUS DISEASE
WORKSHEET**

**STUDY ALL 5 FOOD BORNE DISEASES IN YOUR TEXTBOOK THEN
ANSWER THIS TEST AND CHECK YOUR ANSWER AGAINST THE
MEMO**

- 1.1 Define the term “Cross-contamination”.
- 1.2 Describe the consequences of poor hygiene.
- 1.3 Explain how do food-borne diseases spread.
- 1.4 Design a poster for “GOOD” hygiene habits in the kitchen. List FIVE habits.
- 1.5 List the symptoms of the THREE infectious diseases.
- 1.6 Discuss the similarities and differences between HIV and Tuberculosis.

Tabulate your answer as follows:

	HIV AIDS	TUBERCULOSIS
SIMILARITIES		
DIFFERENCES		

- 1.7 Identify the link between HIV and tuberculosis.
- 1.8 Discuss the impact that HIV AIDS and tuberculosis have on the hospitality industry.
- 1.9 Describe how is HIV AIDS transmitted and how can it be prevented,

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- 1.1. The transferal of bacterial from one item to another
- 1.2 Customers can get sick and possibly die
Establishment can be fined and sued
Establishment gets a bad reputation and customers stop coming to support you
Establishment can be closed down

- 1.3 Biological = moulds, bacteria and viruses
Chemical = Fertilizers and pesticides
Physical = glass and metal shavings
Poor hygiene practises
Cross- contamination

1.4 Clean hair/ bath or shower daily/ short nails / wash hands regularly/ do not sneeze or cough over food.

1.5

HEPATITIS A	GASTRO-ENTERITIS	CHOLERA
Fatigue Nausea Fever Loss of appetite Yellowish eyes and skin	Diarrhoea Fever Vomiting Dehydration	Watery diarrhoea Severe dehydration

1.6

	HIV AIDS	TUBERCULOSIS
SIMILARITIES	Weight loss	Weight loss
DIFFERENCES	Virus	Bacteria
	Incurable	Curable

1.7 HIV affects the immune system which means that the body stops fighting off disease. People with HIV generally contract TB.

1.8 Although people with HIV are allowed to work, it does take its toll on a person's health. It is possible for a person with AIDS to work for a long time, but they do eventually get very ill and no longer have the energy to work. This means that they may take off time from work. Which in turn means you need to hire somebody else to take over their work load while they're away. As a manager or owner it means that you are paying two salaries or the other staff members have to take on extra work.

TB is highly infectious which means that any staff member with TB can not work. This means that they may take off time from work. Which in turn means you need to hire somebody else to take over their work load while they're away. As a manager or owner it means that you are paying two salaries or the other staff members have to take on extra work.

1.10 Transmitted from one person to another when infected bodily fluids come into contact with broken skin or mucous membranes/Blood transfusions. Prevention by practising safe sex and using latex gloves if a person cuts themselves in the kitchen.