

DEPARTMENT OF HUMANITIES

LIFE ORIENTATION : TERM 2

GRADE 8- WORKGUIDE

QUESTION 1

State whether the following statements are TRUE or FALSE:-

- 1.1. An emotional, sexual attraction to any other person is known as sexual orientation.
- 1.2. Kinaesthetic learners are learners who learn best by hearing.
- 1.3. Your self-concept is how you see and think about your peers.
- 1.4. A relationship is the connection between two or more people.
- 1.5. Delinquency is behaviour that is against the law and not acceptable to society.

QUESTION 2

Complete the following sentences by filling in the missing words.

- 2.1. Someone who learns best by listening has an _____ learning style.
- 2.2. A person who is always enquiring, wanting to know more is _____
- 2.3. Substance abuse can cause _____ brain damage thus affecting your ability to learn.
- 2.4. _____ are abilities or talents that can developed for future success.
- 2.5 _____ is an internal drive to keep moving forward and achieving something in particular.

WORLD OF WORK

Please answer the following questions in your workbook.

- 1. Write down all the subjects you want to choose for Grade 10

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2. Write down your three career choices in order of preference

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3. Write down three places e.g. University, FET college, University of Technology where you would like to study according to your career choices

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4. Now summarise the above information in a paragraph of 10-12 sentences and tell us about yourself and where would you like to be in 5yrs

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5. Explain the economic impact of COVID-19

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CAREER CATEGORIES

With so many different types of work and career choices available, it might help you in your career choice to divide them into different categories.

- ❖ Six career categories: Investigative, enterprising, realistic, artistic, conventional, social
- ❖ Interests and abilities relate to each career category
- ❖ The careers people choose are often influenced by their interests. This brings joy to their work and could lead to success.
- ❖ Different personalities fit each career field.

INVESTIGATIVE: Discover, research ideas, observe, investigate, likes research, Math/scientific activities, use books and data, don't like hands-on approach

ENTERPRISING: Meeting new people, enjoy leading, talking to people, influencing, encouraging, a leader, enjoy money, working in business, power, status, in charge

REALISTIC: Work with their hands, fixing, making, building, use tools and machinery, enjoy outdoors, mechanical and physical activities and occupations.

ARTISTIC: like using words, art, music or drama to express yourself, communicate or perform, create or design, appreciate beauty, enjoy interesting people

CONVENTIONAL: working indoors, work at tasks involved in organising, being accurate, being methodical, follow procedures, work with data or numbers, often a leader, planning work and events, do tasks in detail, follow through on instructions of others

SOCIAL: Likes to work with people, teach, train, inform, help, treat, heal, serve, greet, concerned for welfare, use of feelings, words, ideas, enjoy closeness, sharing, group work

Thinking and learning skills required by each career category

The following complicated skills are necessary for careers:

- ❖ **EVALUATION:** Identify key facts and assessing the information
- ❖ **SYNTHESIS:** Collecting information and putting it in order
- ❖ **ANALYSIS:** Comparing information
- ❖ **APPLICATION:** Extracting information and using it
- ❖ **MEMORISATION:** Learning something so you can repeat it easily

ACTIVITY 4

1. Taking the above-mentioned career categories into account, which career category suits your personality best?
2. Explain your reasons for choosing this career category.
3. What are some of your strongest thinking skills? List reasons why you believe you have these skills.
4. Which career categories do you identify with according to your thinking skills?
5. Identify the school subjects you should select for Grades 10-12 that will ensure you are able to follow a career in this category.
6. Name 2 careers that can be regarded as “Essential Services” and write down the career category of each.

ACTIVITY 5

Analyse the cartoon below and answer the question that follows:

A HEART-TO-HEART TALK



Construct an essay in which you critically evaluate why so many people struggle to speak about sexuality. Your answer must include the following:

1. A definition of sexuality.
- 2 A discussion TWO (2) reasons why so many people struggle to speak about sexual
- 3 A recommendation and explanation TWO (2) ways to develop a healthy understanding of sexuality.
- 4 A discussion of THREE (3) factors that impact and influence one's sexuality.